



Dates to Remember:

March 3

ASVAB Exam: Gr 11 & 12

March 13

Mini College Day

March 22

College & Career Fair

April 3—10

Spring Recess

April 11

Shadow Day (10th grade)

April 15

ACT exam

April 18

Sophomore College
Planning Night

April 20

Pre-ACT (10th grade)

**Click here for the Current
Scholarship Bulletin**

**Click here for Early
Release/Late Arrival
Letter for Juniors:
Due May 1st!**

Commack High School Counseling Center Newsletter

Winter 2023

Scheduling Information for the 2023-24 year

Please review the following important information!

- [Link to Curriculum Guide](#)
- [Link to Advanced courses and IB](#)

Individual Scheduling meetings have commenced!

Grade 11: Week of January 9th

Grade 10: Week of January 30th

Grade 9: Week of February 6th

Miss Academic Pathways Night?

Review each PowerPoint presentation for more information

Our Advanced Studies team and school counselors are available to answer student questions during scheduling meetings!

[Welcome](#)

[IB Diploma Presentation](#)

[IB Career Program Presentation](#)

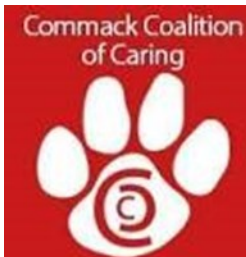
[Dual Enrolled Courses Presentation](#)

This is Your Brain on Drugs - February 16

The Commack Coalition of Caring invites Stephen Dewey, Ph.D., to discuss the impact of drugs on the brain.

Students and their parents/guardians are invited to join us in the Commack High School Art Gallery at 7:00pm

Registration is required, no later than February 9. Email: dvirga@commack.k12.ny.us



Senior To-Do List—Things Seniors should be doing NOW

- If your college is requiring midyear grades, complete [this form](#).
- Important— [FAFSA](#) completion and [CSS Profile](#) (when needed)
If you have not yet filed Financial Aid paperwork—do so asap. Financial Aid is offered on a first come, first served basis.
- Update colleges on accomplishments and new information—email your assigned admissions representative or enter information into your student portal.
- Visit colleges to assist in making commitment decisions!
- Continue to apply by deadlines.
- Inform Counseling Center and recommending teachers of admissions decisions.
- Once committed to a college, withdraw your application from other colleges by contacting admissions. (This will give opportunities to other students!)
- Article: [Deferred—What's Next](#)



ROAM Virtual Events—Stay tuned for upcoming Spring events

[Click here](#) or visit www.roam.nyc to view previously recorded webinars on majors, careers, interviewing skills and much more!

Mini College Day 2

March 13th, Periods 2 & 3 in the Cafeteria

Students register in Naviance

MARK YOUR
CALENDAR!

Pre-ACT Exam for Sophomores Saturday, April 29 at CHS, 8am

[Click here](#) to Register for exam
Free of cost to Commack families

Unable to test this day? Contact [The Princeton Review](#) to schedule a virtual test at anytime!

Sophomore College Planning Night Tuesday, April 18 at CHS, 7pm

- The college application process
- Standardized testing
- Building your resume
- Importance of relationship building

Important Information for Juniors!

- ◆ **Call to schedule your individual Junior College Planning appointment.**
 - ◆ Learn about the college application process and important processing procedures.
 - ◆ Become reacquainted with Naviance.
 - ◆ Videos to help you prepare for your meeting—and to reference after the fact!
 - ◆ [Understanding and Interpreting your Transcript](#)
 - ◆ [Counselor Letters of Recommendation](#)
 - ◆ [Teacher Letters of Recommendation](#)
 - ◆ [Naviance – How to use SuperMatch and Advanced College Search](#)
 - ◆ [Naviance - Introductory College Search](#)
- ◆ [Click here](#) for upcoming testing dates and locations.
 - ◆ Test prep options are [here](#).
- ◆ Research colleges online, attend fairs, virtual tours and visit when you can.
- ◆ Continue to work on your Resume (aka Activity Resume) in Naviance.
- ◆ Think about which teachers will write your letter of recommendation.
- ◆ Refer to the Counseling Center [website](#) for updates specific to juniors.



College Essay Presentation

May 17 at 7:00 at CHS

Students and families are invited to CHS for a presentation solely focused on the college essay and personal statement. You do NOT want to miss this informative event.

Interested in the U.S. Military



Students interested in learning more about the United States Military branches should make an appointment to see [Mr. DelGiudice](#), our military counselor liaison. The U.S. Military consists of five active-duty service branches and their respective Guard and Reserve units. Together, they offer a broad variety of ways to serve both after high school and college. ***There are many military careers to explore.***

Armed Services Vocational Aptitude Testing— March 2, 2023

[Click here](#) for more information and to register

**MARK YOUR
CALENDAR!**

COMMACK'S College & Career Fair

Wednesday, March 22, 2023

6:00 pm—8:00 pm



- * Representatives from over 200 colleges and universities will be available to give insight into programs offered at their schools.
- * Military personnel to explore careers and service in the armed forces.
- * Business leaders and professionals from the Commack to answer questions and offer advice about career paths.
- * Transition Services and Agencies for students with disabilities.

**College and Career Fair
Thursday, April 27, 2023**

4:00—8:00pm

**Huntington Hilton, sponsored by
Connoisseur Media**

**College and Career Fair
Monday, April 24, 2023**

6:30—9:00pm

**Radisson Hotel, Hauppauge
Western Counselors' Assn.**

Northwell School Mental Health A School District Collaborative

Our location & hours

Commack Behavioral Health Center
2171 Jericho Turnpike, Suite 345
Commack, NY 11725

Hours of Operation

Mon, Tues, Thurs, Fri 9:30am – 5:30pm
Wednesday 8:00am – 8:00pm

How to contact us:

Phone: 631-775-3280

Fax: 631-486-7447

Email: combh@northwell.edu

Services offered by Commack's Northwell Partnership:

- ◇ Mental Health Assessment conducted by a child adolescent psychiatrist as well as licensed mental health counselor.
- ◇ Referral resources and support to connect families with mental health treatment in the local area, that works with your insurance.
- ◇ Coordination of care: With parent/guardian consent, the team at Northwell can reach out to a student's school, pediatrician or outside provider to communicate findings and recommendations.
- ◇ Transitional care: In person, short term care or virtual services until a referral can be established.